

# PERFORMANCE PATHWAY TRIAL INFORMATION 2023/24 PLEASE READ THE FOLLOWING INFORMATION CAREFULLY PRIOR TO COMPLETION TRIAL FORM

Screening to be selected into the Saracens Mavericks Pathway will be held on the following dates:

Age Group		Day / date	Trial Venue	Screening times
Futures (U18)	Open Trials	Saturday 8 <sup>th</sup> July	Hertfordshire Sports	09:00 – 17:00
&			Village, de Havilland	
Futures (U15 –	Should you wish	or	Campus, Hatfield Business	
Yr8 & yr 9)	to be considered		Park, Hatfield, AL10 9EU	
Programme	for Under 17	Sunday 16 <sup>th</sup> July		
	Academy you	(ONLY If		
Under 17	must attend	unavailable for		
Academy Pre	Futures U18 Trials	main trial on 8 <sup>th</sup>		
Screening		July)		
Under 17	2 <sup>nd</sup> Stage from	Wednesday 13 <sup>th</sup>	Queenswood School,	19:45-21:45
Academy	July trials and	September	Shepherd's Way	
	those from U15 or		Brookmans Park, Hatfield,	
	U17 Franchise		Herts, AL9 6LZ	
	Academies in			
	previous season			
Under 19	Open Trials	Tuesday 12 <sup>th</sup>	Queenswood School	19:45 – 21:45
Academy		September		
Player	Players who have	Wednesday 20 <sup>th</sup>	Queenswood School	19:45 – 21:45
Development	been invited from	September		
Programme	U17 or U19			
	Academy trials			
Under 21	Open Trials	Thursday 21st	Queenswood School	19:45-21:45
Academy &		September		
Under 23				
Programme				
Under 23		September		

- Numbers selected into each squad:
  - o Up to 24 players will be named in each Futures Programme for the 2023 24 season.
  - o 20 players will be named in the England Netball Accredited Programmes Under 17, 19 and 21 Academy squads and PDP (Player Development Programme)
  - o Selection for the NPL Tournament (U21, U19, U17) will be made in June for the July tournament.

#### **COST OF PATHWAY**

	Cost of programme 2023-24
Futures U18 Programme	£520
Futures U15 Programme	£520
Player Development Programme	£550
Under 17 Academy	£625
Under 19 Academy	£625
Under 21 Academy	£625
Under 23 Programme	£520

#### **Cost Includes:**

Players will receive regular training sessions by qualified (Minimum UKCC Level 2 or equivalent) and experienced Head and Assistant coaches as well as technical coaches, one to ones, performance reviews, educational workshops — which include and are not exhaustive - nutrition, drug awareness, sports psychology and on court positional workshops. Players will be given a kit (amount of kit will depend on level within the Academy or Programme).

There will be additional expenses which include, but not exhaustive, travel to games and additional optional kit.

Payment plans, player bursaries / sponsorships and hardships funds are available, please contact us at the appropriate time for more information.

## Futures U15 Programme - Train monthly at Hertfordshire Sports Village

(Either a Saturday or a Sunday for 4 hours – dates to be confirmed)

### Futures U18 Programme - Train weekly at the following venues:

Futures	Training Information
Basildon, Essex	Basildon Sporting Village, SS14 3GR
	Monday
	19:45 – 21:45
Bedford, Bedfordshire	Bedford Modern School, MK41 7NT
	Monday
	19:15– 21:15
Cambridge,	Leys Leisure, Cambridge
Cambridgeshire	Monday
	18:30 – 20:30
High Wycombe	Wycombe Leisure Centre
	Monday
	19:15 – 21:15
St Albans, Hertfordshire	Queenswood, Potters Bar
	Wednesday
	19:45 – 21:45
Thetford, Norfolk	Thetford Academy, IP24 1LH
	Monday
	19:00 – 21:00

**Under 17s Academy –** (October to July 2024 – excluding deloading and holidays)

Training once a week along with Strength & Conditioning at one of the following venues:

# 1st session with your nearest Futures or PDP Programme

# 2<sup>nd</sup> Session as a squad

Wednesdays at Oaklands College, AL4 0JA - 18:00 - 21:00

Players Development Programmes – (October to May 2024 – excluding deloading and holidays)

Training once a week along with Strength & Conditioning at one of the following venues:

- Mondays at Herts & Essex Sports Centre, CM23 5LH 19:00 22:00
- Mondays at Berkhamsted School, Berkhamsted 18:30 21:30

Under 19 Academy - (October to July 2024 – excluding deloading and holidays)

Training twice a week along with a Strength & Conditioning session

Mondays	Thursdays
Oaklands College, AL4 0JA	Queenswood School, Potters Bar, AL9 6NS
18:00 – 21:00	19:45 – 21:45

## **Under 21 Academy** - (October to July 2024 – excluding deloading and holidays)

Train twice a week along with a Strength & Conditioning session

Tuesdays	Thursdays
Oaklands College, AL4 0JA	Queenswood School, Potters Bar, AL9 6NS
18:30 – 21:30	19:45 – 21:45

# **Under 23 Programme** - (October to July 2024 – excluding deloading and holidays)

Train twice a week along with a Strength & Conditioning session

Tuesdays	Thursdays
Oaklands College, AL4 0JA	Queenswood School, Potters Bar, AL9 6NS
18:30 – 21:30	19:45 – 21:45

#### **ELIGIBILITY CRITERIA**

You are welcome to apply to screen for the Mavericks Performance Pathway 2023 – 2024 provided you are:

- Affiliated to England Netball
- Futures U15 Programme Year 8 or 9 as of September 2023
- Futures Programme Year 10 upwards and/or 18 & Under on 31<sup>st</sup> December 2023
- Under 17s 16 & Under on 31st December 2023
- Under 19s 18 & Under on 31st December 2023
- Under 21s 20 & Under on 31<sup>st</sup> December 2023
- Under 23s / Development Aged 21 and over on 31<sup>st</sup> December 2023
- Able to commit to the training schedule outlined above from w/c 9<sup>th</sup> October 2023

The cost of screening is £25 Please note the screening fee is non-refundable and non-transferable.

Note: ALL players (including those already in the programme and those in the National Academy) must complete and return the application form if they wish to be considered.

Screening applications must be received by 17:00 Wednesday 5<sup>th</sup> July for our Futures Programmes & Under 17
Academy (Screening)

And 17:00 on Wednesday 8<sup>th</sup> September 2023 for U17 (Finals), U19 & U21 Academies & U23 Programmes

No late entries will be accepted.